

## FCVH – Regular Weekly Events

Day	Class	Hirer	Mobile	Time	Room
MONDAY	Yogi with Lindi – Mixed Ability	Lindi Bilgorri	07818052087	10.00 – 11.15	Large Hall
	Yoga with Lindi - Gentle Beginners	Lindi Bilgorri	07818052087	11.30 – 12.30	Large Hall
	Childrens Ballet Classes	Heather Moore	07528069761	17.00 – 17.45 (7-9yrs)	Small Hall
				18.00 – 19.00 (13yrs+)	Small Hall
	Yoga with Lindi - Mixed Ability	Lindi Bilgorri	07818052087	18.45 – 20.00	Large Hall
	Beeches Radio Club (1 <sup>st</sup> & 3 <sup>rd</sup> Monday)	Dave Chislet/Greg Head	ebytronics@gmail.com	20.00 – 22.00	Small Hall
TUESDAY	Ladies Badminton (starts Sept)	Janet Hann	01753 645684	10.00 – 11.00	Large Hall
	Members of U3A (Retirees) – Singing for Fun (2 <sup>nd</sup> Tuesday of month)	Jenny Gibbons	07803984820	10.15 – 12.30	Small Hall
	Slough Taekwondo Club	Robbie Lazan	01753 520107 07762781663	19.00 – 20.00	Small Hall
	Short Mat Indoor Bowls	Rosemary Followell	01753 644189 07938810205	19.30 – 21.30	Large Hall
WEDNESDAY	Parents & Special Children - 6 Week Course Support Group (13 <sup>th</sup> , 20 <sup>th</sup> , 27 <sup>th</sup> Sept, 4 <sup>th</sup> , 11 <sup>th</sup> & 18 <sup>th</sup> Oct)	Charlie Taylor	07831409731	10.00 – 12.00	Small Hall
	Ladies Fun & Friendly Badminton (not lessons)	Gill Favalessa	01753 643639	10.30 – 12.00	Large Hall
	Short Mat Indoor Bowls	Rosemary Followell	07938810205	13.30 – 15.30	Large Hall
	WSKF (Karate)	Tomiko Mitsuoka	07786813837	19.00 – 20.00	Large Hall
THURSDAY	Baby Sing & Sign – starts Sept 21st	Jen & Zoe	Jen : 07709803633 Zoe: 07709261768	09.45 (14+ mths) 10.45 (6-14 mths)	Small Hall
	FCVH Cinema (2 <sup>nd</sup> Thursday of month)	Victoria Veninga	07889274120	13.30 – 16.00	Large Hall
	Steam Club (Every 3 <sup>rd</sup> Thursday in month)	Michelle Harrison	<a href="mailto:club@bshmc.co.uk">club@bshmc.co.uk</a>		Small Hall
	Fun & Friendly Badminton (not lessons)	Gill Favalessa	01753 643639	19.30 – 21.00	Large Hall
FRIDAY	Family Hub	Sarah Clottey	07444325997	10.30 – 12.30	Large Hall
SATURDAY	WSKF (Renseiken Karate)	Tomiko Mitsuoka	07786813837	10.00 – 11.30	Large Hall
SUNDAY	Donsai – Mixed Karate (Children & adults)	Jimmy Liang	07949385197	12.30 – 13.30	Small Hall